St Bede's Catholic Primary School

Phone: 48422413 www.stbedesb.nsw.edu.au Email: office.stbedesb@cg.catholic.edu.au



Míssíon Statement

"A School with Heart"

Where we are inspiring, challenging and nurturing one another to:live from the heart, love from the heart, learn from the heart of Jesus



Newsletter Term 4-Week 3 31 October 2019

Reminders

- **Leadership Mass** 20 November @ 10 am at St Bede's Church all welcome
- School fees have been sent out and are due for payment before Monday 11 November.
- School counsellor will be here on Thursday 7 November. Please call the office on 48422413 to arrange an appointment.
- Headspace contact number 1800 650 890
- Lifeline Contact number: 13 11 14
- Parent line NSW number 1300 1300 52



School Fees

Awards for Week 2 (Religious Education) and Week 3 (English) will be presented on FRIDAY 1 November at 2:45 pm.



Dear Parents, Carers and Students,

Let Our Light Shine

'Without a sense of wonder, we may be living but we are not yet fully alive.'

'Taking an inventory of three things we do not know – like where the stars come from, or how medicines work on the brain, or how whales navigate the seas – is one thing. But knowing the implications of those things for our own life is even more. What if there weren't stars? What if there wasn't medicines? What if

whales couldn't navigate? Then, what would our own lives be like? Those questions are the difference between fact and wonder.'

- Joan Chittister, 'The Art of Life' (adapted)

Boorowa

This year's Boorowa Carnival had all four seasons in one day, plus some! Dust, rain, sunshine, wind, cold, heat, sunburn etc... Despite this, it was a very successful day with our students enjoying themselves hugely. Mrs Katie Tooth did an amazing job of coordinating our participation, as well as completing the early set-up and the end-of-day pack up. Our grateful thanks, Katie, for all you do to ensure our students have these amazing opportunities to attend sports carnivals.

Kinder Orientation Day 2

Yesterday was another very successful 'transition to school' event for our 2020 Kindergarten class. Our future students worked with their buddies on a variety of tasks. They read and innovated on the text "The Very Hungry Caterpillar". They learned about our school rule, "I am safe" and how to be safe in the classroom and on the playground. They also harnessed their creative side producing a painted artwork.

In the library, parents learned about Mathematics education at St Bede's. We played "Flip", "One minute challenge" and the very challenging "Salute". Next week's meeting will inform parents about the directions for Religious Education at St Bede's in 2020. This meeting is designed for parents of future Kinder children however all parents are welcome to attend.

- Cricket Gala Day tomorrow @ Rec Ground for Years 3-6. Students leave for Rec ground @ 9:30 am and return for buses
- Kinder Orientation Day 3 Wednesday 6/11, with R.E. Session @ 9.30
- Community Council Meeting Wednesday 6/11 in the Staff Room -Open to interested parents and friends from 6pm (Please email the office if you will be attending.)
- **Outdoor Classroom Day 7/11**

Wishing all families an enjoyable week ahead.





Please note we have changed the venue for our **Awards Presentation** Assembly. It will now be at the National Theatre, 12 December starting at 11 am.

PEACE WITHIN — A PRAYER FOR THE MORNING

May today there be peace within.

May I trust God that I am exactly where I am meant to be.

May I not forget the infinite possibilities that are born of faith.

May I use those gifts that I have received and

pass on the love that has been given to me.

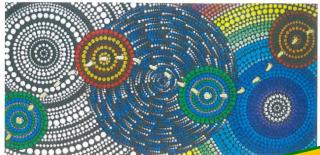
May I be confident knowing that I am a child of $\ensuremath{\mathsf{God}}.$

Let the presence settle into my bones,

and allow my soul the freedom to sing, dance, praise and love.

It is there for each and every one of us.

Amen



CHALLENGING LEARNING AND HOW PARENTS CAN HELP THEIR CHILDREN TO BECOME GREAT LEARNERS!!

George Telford Parent Meeting 27 November 7 pm—All Welcome

Come along on Wednesday 27, November to hear about:

- Growth Mindsets what they really are.
- Fixed Mindsets- and why we don't want learners to have them.
- Learning Language- and how you can be a big help at home!
- Praise- it can be good..... or not so good!!
- The importance of the right kind of feedback and how important the parent role is in this.
- Challenge- is it better to get the easy stuff right, or struggle with the more interesting and challenging stuff?
- Why your school is involved in this learning and how an already very good school can get even better.
- Homework- value, or is there something better.
- How a focus on improvement will more naturally lead to achievement.
- What high schools notice about growth mindset learners.

George Telford is a former classroom teacher and Principal in Victorian schools for 35 years. He helped implement these changes at his own school with results that you might be interested in! George is now the Senior Consultant and Australian Director for Challenging Learning, who we are working with currently to continue to improve teaching and learning at St Bede's in Braidwood. This night is designed especially for parents and it would be wonderful to see you there. Running time will be just over an hour, commencing at 7.00pm. All Welcome.

St Bede's Parish News

Weekly Mass—6 pm Saturday

Parish Administrator: Fr Troy Bobbin
Associate Priest: Fr Peter Day
Pastoral Associate: Br Brian Berg
Presbytery contact number: 48422444 or

0408 687 915

email address: braidwood@cg.org.au Parish Office hours: Thursday 9 am-3 pm

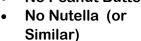
Important Information for 2020

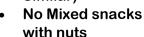
Next year St Bede's will have students with a range of allergies including nuts.

ST BEDES'S WILL BE A NUT-FREE SCHOOL FROM JANUARY 2020

This includes......

No Peanut Butter







No Nut chocolates (or similar)

Your cooperation is much appreciated



Attention Parents of

2020 Secondary

Students

Sibling discount forms are now available from the front office. If you have a child attending a systemic Archdiocesan Secondary College in 2020 (this is **Trinity**, **St Clare's**, **St Mary MacKillop**, **St John Paul**, **Merici or St Francis Xavier**), you are eligible for a 50% discount on the CEO Tuition fee for 2020 (this applies to the tuition fee only). Please speak with Mrs Hewitt for more information.

This form <u>must</u> be returned to the office before the end of this term for the discount to be applied.

Reminder – Daramalan, St Edmund's and Marist are not part of CE Systemic Schools.



Happy Birthday: Bally



Notes Home this Week



Year 3—6	Cricket note
Teal 5—0	Chicket Hote

Various families Sibling discount form 2020

Year 6 Transition to High School Info from Parentline

Awards 🦇 Week 3 🦇 English

Kinder	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Josie	Harvey	Angus	Joshua	Xander	Leon	Audrey
Sam	Sophia	Aidan	Miranda	Ellie	Zac	Jonah
		Evie		Clare		

Asthma in Spring

It's spring! And with all the recent dust, now is the perfect time to remind ourselves of the best ways to minimise asthma and ensure our children are using their inhalers to the best of their effect.

We can minimise symptoms of asthma during spring – when dust & pollens are rife – by:

- Avoiding being outdoors during periods of poor air quality, e.g. windy days, storms and early mornings.
- Showering after being outdoors to remove any pollen or dust that may be stuck to the body.
- Wearing a mask if doing work in the garden, and ensuring lawns are kept short.
- Opting for air-conditioning when driving instead of open windows. Setting your air-conditioning to recirculate can minimise pollens and dust in the car.

If your child uses inhalers for asthma, are they using a spacer?

A spacer can improve the effectiveness of relievers & preventers four-fold by increasing the amount of medication that reaches the lungs (without a spacer it often makes its way to our stomach – not helpful!!). Children and adults of any age should use a spacer to maximise the effect of their inhalers – some children may need a spacer mask too.

Ask your pharmacist to check your child's inhaler technique next time you're in-store.



Boorowa Touch & Netball Carnival

What a day it was last Friday for the carnival! Despite the wild weather, the students, parents and teachers had a fantastic, busy and action-packed day. A big thank you to the many parents who managed teams, set up and packed up gear, drove children, supervised, repaired netball bibs and supported the teachers. We certainly couldn't attend this day without you and your support is very much appreciated. Can't wait for next year!

Mrs Tooth

Join Swimming Club!

The club kicks off on **Monday, November 4,** with the first two weeks being noobligation "come and try" nights. It runs from 5pm-6.15pm and caters for children who can swim one lap with a kickboard, through to those who can swim six laps (110m) unassisted.

There's a sausage sizzle each Monday night and awards at the end of the season.

For more information, contact braidwoodswimclubregistrar@gmail.com

Important Bus information

Change to Braidwood Buses

If your child is catching a bus, other than their registered and approved department of Transport bus run, for any reason, such as going to a friend's place or a regular after school activity, **parents must notify** the school of the change for every day that the change happens; we will then complete a white slip. Your child will need to hand the white slip + \$3:00 for the fare to the bus driver. If parents do not notify us or fail to provide the \$3:00 your child will be unable to take the bus.



Important Dates - 2019



1 November	Cricket Gala Day	9:30 am	Rec ground
5 November	Melbourne Cup Snail races	From 8:30 am	School
6 November	Kinder Orientation—Session 3 + Parent R.E. session	9 am	School
6 November	Uniform Display by Len Mutton & Co	From 11:30	School
7 November	Outdoor Classroom Day		
7 November	School Counsellor	From 9 am	School
18 November	Years 5 & 6—Evergreen Ensemble	ТВА	Anglican Church
26 November	Leadership Mass + Mini Fete	ТВА	Church + School
27 November	Parent Meeting "Challenging Learning" with G Telford	7 pm	Library
28 November	School Counsellor	From 9 am	School
28 November	Year 7 Trinity Orientation Day		Trinity Goulburn
2-6 December	Swimming Lessons—all classes	ТВА	Braidwood Pool
10 December	Jamberoo Year 6 only	ТВА	Jamberoo
12 December	Presentation Assembly + Year 6 Graduation	11:00 am	National Theatre
16 December	Meet the teacher	11:30 am	School
17 December	Last day of Term 4 for students		

Help Wanted—Uniform Pool

After many years of running the school's Uniform Pool our 2 existing volunteers Narelle & Lisa are stepping down. A big thank you to them both for all their time and dedication over the past few years. We are now looking for another parent/s volunteer to look after and run the 2nd hand uniform pool. This would be ideal for a parent who collects their child from school on set days or someone who would be available to meet other parents at a set time. If you would like to know more about what is involved please contact Narelle on 0425 218 201.

UNIFORM POOL

If you would like something from the uniform pool, just call or text Narelle (0425-218-201) or Lisa (0424-243-194) and they will organise to meet you before or after school or we can simply leave your item at the office for collection. The school will gratefully accept any uniform items that your family no longer needs—all profits from the uniform pool go directly back to the school. These items can be left at the office.

Any parents who are unsure of the school's uniform policy please see this link:

https://sbpsbraidwood.schoolzineplus.com/_file/ media/117/school_uniform_requirements.pdf



CANTEEN

We are looking for volunteers for Canteen on Fridays and Wednesdays. Please contact the office if you are able to help.

	Term 4		
1 November	No Canteen	No Canteen	No Canteen
8 November	Volunteer needed	Volunteer needed	Volunteer needed
15 November	Volunteer needed	Volunteer needed	Volunteer needed
22 November	Volunteer needed	Volunteer needed	Volunteer needed
29 November	Volunteer needed	Volunteer needed	Volunteer needed
6 December	Volunteer needed	Volunteer needed	Volunteer needed